



SOUL MEMORY DISCOVERY COSMIC TIMES

AUGUST, 2009 VOL. 18

Spiritual News You Can Use

~Ellen Kaufman Dosick

Dear Ones! Have you ever experienced such a topsy-turvy world? We know that you feel like taffy candy, stretched and pulled on the taffy-stretching machine, and that your whole life looks wonky to you. Although you are maintaining (barely!), you are totally aware of the complete and utter chaos that engulfs you, and the thin veneer of you walks around, doing your life, while YOU are overwhelmingly overwhelmed!

If you understand even one thing, it is that you have absolutely no more control — over anything. You laugh, and think that you actually never had any real control over anything — but you felt as though you did, and now you know, through and through, that you really don't. We would tell you that the 3-D game of thinking you have control over anything is done forever, and at this point, nothing is up to you. And with that, you can use all of the faith you have been cultivating, because you realize that it truly is all up to Source. Although you do sometimes fall into moments of extreme panic and fear at this loss of control, we see that most of you are just about done with fear and panic. When we look at you, we see you moving with all of this, with a greater degree of grace than we have seen before. We would not call you graceful, yet, but you are certainly evolving in the right direction!

CHOOSE JOY AND GRATITUDE

And even as we tell you that you have no control over anything, we also would tell you that you do have control over the most important elements. You have control over how much of YOU you bring into any given moment; and you have control over how much Joy and Gratitude you choose to fill each moment with. And your Consciousness, your Joy, and your Gratitude are the only important things right now.

We know you are feeling as though God has taken the great beach blanket that you and all you know is on, and picked it up by its corners, and is shaking it out — and that everything is tumbling and spilling and flying around, and no one knows where anything will land.

Yes, even in this, you can be present, and choose Joy and Gratitude. Yes, it is a lot to ask of yourself. Yes, you are up to it!

THE DEMISE OF REASON

What a wonderful thing, that all is falling apart, that everything is disintegrating. Of course, this makes way for the New World to emerge. What has been added to the destruction recently, and what makes everything so overwhelmingly chaotic, is that it is linearity itself, that is, logic and reason and sequencing and sequential reasoning and sense and common sense, whose turn it is to come apart at the seams, and take its farewell bows on your

Earthplane, until it is no more. And so everything feels very crazy to you, and you cannot predict any outcomes, and a kind of lunacy appears to be prevailing, and life itself, seems to be coming at you “out of left field.” You have been aware that your minds have not been functioning in their old optimal ways for a long time now, and indeed, the very structures of organization, as you have known them, are in the process of disintegrating. You are living in a jumbled time-space, in which many realities are crashing into one another, and it is as though the tides are going out and coming in at the same time. They are!

TWO MONTHS OF ECLIPSES!

With all of this, in complete co-incidents, you are in the middle of a great eclipse cycle, which we will tell you more about, momentarily. Eclipses often come in pairs — a solar eclipse at the New Moon, followed two weeks later, by a lunar eclipse at the Full Moon. Eclipses are times when the outside light is temporarily shadowed and cut off for you, inviting you to find the Light within your own beings. As such, eclipse cycles serve as “pause” functions for all of you, giving you the opportunity to make necessary mid-course corrections in your perceptions, beliefs and lives. Because of this, the six-week eclipse period (two weeks prior, two weeks during, and two weeks following) is an unusually intense experience for you. This eclipse period for you has been tremendously intense, because in a most unusual configuration, you experienced a lunar eclipse at the Full Moon on July 7th, followed two weeks later, by a solar eclipse at the New Moon on July 21st, and followed by yet another lunar eclipse at the Full Moon on August 5th. That is, you have been invited into the throes of internal restructuring over a period of a full eight weeks, from June 22nd through August 20th! If any of you were wondering why it is has felt so incredibly intense, and why your stress levels are so far beyond what you feel capable of handling, you can simply point to the heavens, and blame it on.....

In this time, so many of you have left your bodies and passed on, so many of you are making choices that will indeed take you out of your bodies, and so many of you are witnessing so many and so much “going down the tubes.” Dear Ones, this is a time

for making choices that better align you with your Divine Design, and many are grabbing this opportunity, and using it, choosing to move on to what you perceive to be larger, more viable expressions. This is a major crossroads for so many of you. At the same time, as sequential structuring falls apart and “chaos” reigns supreme, the maelstrom begins to function, and many find an easy way out. As the great “drain” opens, ones who are ready to let go, find that they are pulled right through, almost effortlessly. Many, including seven of your celebrities, (who are celebrated because they agreed to serve as archetypes for you) passed on the last week of June, to open the forming maelstrom for this use.

In your Human-ness, this all feels shocking and distressing — and again, we would say to you: Yes, even with all of this, you can be present, and choose Joy and Gratitude. Yes, it is a lot to ask of yourself. And yes, you are up to it!

Given the demise of linearity and reason, we are unable to offer you explanations about any of this. It all simply IS. Rather, in this transmission, we would like to tell you about some very exciting things that are currently happening in your world. We believe your spirits will be lifted as you understand the kind of progress toward Ascension that is actually being made on your Earthplane.

A GIFT FROM THE FIFTH WORLD

A quick aside: You will remember that you are in the 3rd Dimension, of the Fourth World, of the Fifth Cosmos. In your cosmos, the Fourth and Fifth Worlds are binary worlds, that is, they are mutually interdependent, revolving around one another, and what happens for one, implicitly affects the other.

On June 12th, a remarkable energy began to flow from the Fifth World into this, your Fourth World, and have a pronounced affect upon all of you. On June 12th, all of the sounds of water began to infuse your world, and on Earth, come through all of your water. Your water began to gurgle and splash and burble and roar and murmur and roll and crash and tinkle and flow and trickle and drip and thunder and crack and plop and sizzle and splatter and rush and sing and... All of your water began to be filled with these sounds, including all the water flowing in your bodies.

With this, the vibration of water on your planet is raised to its next higher harmonic. Why? For the specific purpose of enabling water to perform a perfect cleansing of all of your pineal glands. This of course supports the evolution of your endocrine systems, as we have spoken about previously, and in addition, enables a much greater functioning of your pineal glands, themselves.

This wave of watersounds infusing your waters began moving from the Fifth World into your Fourth World on June 12th, and entered your Earth, through her pineal gland, on your Solstice, June 20th. On June 25th, it began flowing into all Human Beings, beginning the process of washing clean the pineal glands of both Earth and Humans. This wave will continue to flow through your Earth, and will find its way into the "pineal glands" of all sorts of beings, realms, levels, structures, organizations and constructs, cleansing these "pineal glands" and enabling them to evolve to their next level of functioning.

LIFTING THE VEILS

And what is the function of pineal glands? The function of visioning is associated with the pineal gland. Among many other capacities, the pineal gland enables multi-dimensional sight. The purpose of this cleansing is to lift the veils from the pineal gland, so that there is no separation for you, between what you call, "this side," and the "other side." With this then, your loved ones will not be "lost" to you, and you will find that you are able to maintain conscious connection and relationship with those who have passed on, for as long as you wish. And your institutions, societal structures, and cultural constructs will be able to maintain connection with all that is passing from your world at these levels, so that nothing is lost, and all remains available and connected, so long as it is desired and required.

You could grab onto all of this and use it as a pacifier, as a "blankie" to increase your dependency and keep you in the immaturity of what has been. But it is evolving for you because you are being called to a new level of maturity. Let us explain.

This wave of watersounds, that is now flowing and washing through your planet, is a very profound wave-form. That is, like every other wave-form, it

has high points and low points. So long as you experience this wave in the polarization which has foundationed your 3-D, and cornerstoned the Grid of Human Consciousness, you will continue to separate out the high points of the wave from the low points. You will name the high points, "good," and the low points, "bad." And so long as you do this, separation will be maintained — including the separation between what you call, "this side," and the "other side."

WHOLENESS OR SEPARATION

You are being called to a higher level of maturity, in which you can perceive this wave as a whole — which includes all of the high points and all of the low points. You are being called to rise above the duality with which you have infused your world, in which all is separated into "good" and "bad," and move into that place of Faith, in which ALL IS. In this place of Faith, in this way of perceiving, if ALL simply IS, then you have moved out of judgment, and into compassion. You have risen above the fray. You are like the mother who doesn't get upset at her toddler's crankiness, but has compassion for him, understanding that he is sleepy or teething or hungry or Then he is not "good" or "bad," he just IS. And sleepy or teething or hungry is not "good" or "bad," it just IS.

And if you can let go of the immaturity that necessitates your polarizing every experience, and judging it either "good" or "bad," then you will be able to perceive the leap that your pineal glands are making, and enjoy the wholeness of life and living, in which, just as there is no separation between the "high's" and the "low's," there is no separation between "this side" and the "other side."

MASCULINE AND FEMININE

Needless to say, with every rise in vibration, there is an attending rising for release of all that does not match that vibration. You have been feeling this in very big ways since the beginning of July, and it has had a pronounced affect upon intimate relationships. This is because it is particularly men who have been experiencing enormous pieces coming forward for release. Why?

The feminine is built to include, embrace, enwomb,

receive. The masculine is built to put out, make, initiate, do. By its nature, the feminine is inclusive. By its nature, the masculine is exclusive. Being inclusive, the feminine is made to hold what is, and let it become. Being exclusive, the masculine is made to designate into categories of "same" and "different," which, in your 3-D, becomes "good" and "bad." The feminine has the luxury of sitting back, and taking in. The masculine has to make a world — that is, very quickly make decisions about what is "good" and what is "bad," act on these, and move on to the next event. You can hear how it is that the feminine is more suited to embracing WHAT IS, and that the masculine is more suited to having to polarize, in order to get on to the next thing.

This wave of watersounds, which demands to be experienced as whole, rather than separate, is bringing up within the male energy all of the need to polarize into duality, which has been the hallmark of your Human-Earth experience. It is coming up for release, and particularly the males amongst you are feeling, and acting out, the huge push-me/pull-you between the immaturity of duality/separation, and the maturity of WHAT IS.

You can also hear that a wave of watersounds carries the signature of the feminine energy, water being an element of the feminine. And you can imagine the uproar that might be occurring right now in intimate relationships!

And so, look back now on this very intense eclipse cycle. You can see that in this cycle, there is a solar eclipse sandwiched between two lunar eclipses. If you imagine the Sun as the masculine, and the Moon as the feminine, then you can feel how the feminine is surrounding the masculine, and almost putting the "squeeze" on him — so that the old can arise for release, and a new, more mature masculine can begin to emerge.

PLANTING THE SEED FOR UNION

At the apex of the second part of this eclipse cycle, a very great planting occurred. The seed for the fully united masculine and feminine was planted into the heart chakra of the Earth. You can understand that it will only begin to grow and flourish as

Humans choose to mature — that is, move beyond the polarization of "good" and "bad," so that masculine and feminine are not deemed "good" or "bad," or "better" or "worse" than one another. When Humans choose this kind of maturity, you also then choose, in ever-greater ways, to be fully present, in Joy and Gratitude.

We offer you a powerful process to support yourselves as you make these transitions:

Stand with your hands at your sides, palms facing forward, and say:

***We who stand at the Precipice demand
that Peace fill the hearts of those who love the Divine,
for the purpose of opening to the Waters of Life.***

***We who stand at the Precipice demand
that the Waters of Life
flow through the ending of Time,
for the purpose of bringing us Home.***

YOU ARE HEROES

Dear Ones, you are heroes. You are growing in leaps and bounds, and moving forward in ever more graceful ways. Your desire and commitment to evolve is being supported at levels that you cannot even comprehend, and we are honored to partner with you on this journey. That you would tackle the most tender, precious aspect of your lives — your intimate male-female relating — conveys to those who stand witness, that you are absolutely willing this New World into being with every bit of your being, that you hold nothing back, that you are nothing short of heroic! You fill us with Joy and Gratitude — for WHAT IS.

Blessings!

The Ascension Council

(Six Members of the Council

of Ascended Masters)

SUMMARY POINTS FOR AUGUST, 2009

- You are understanding that you have absolutely no control over anything — it is truly all up to Source! Linearity and reason are falling apart, making your world feel even crazier for you.
- You are in the midst of a major eclipse cycle, in which many of you find yourselves at major crossroads.
- Watersounds poured into the water of your world, raising it to the next higher harmonic, so that there can be a perfect cleansing of all the pineal glands of Earth and Humans, as well as other realms, structures, and organizations.
- Pineal glands enable multi-dimensional sight. This cleansing is to lift veils, so that you no longer perceive a separation between “this side” and the “other side.”
- You are being called to a new level of maturity, to see the highs (“good”) and the lows (“bad”) as a whole, including both equally, to rise above the duality and move into that place of Faith, in which ALL simply IS. It moves you from judgment to compassion.
- A hallmark of your experience, the male need to polarize into duality, is coming up for release, and causing an uproar in intimate relationships. In the eclipse cycle, the feminine (Moon) is surrounding the masculine (Sun), so a new, more mature masculine can begin to emerge.

SUGGESTIONS FOR USING THESE COSMIC TIMES TO MAKE LIFE EASIER

1. You have control over how much of You you bring into each moment.
2. Keep choosing Joy and Gratitude, always, always, always! Keep choosing Joy and Gratitude.
3. Eclipse cycles are a time to pause and make corrections in your life, so that you are more aligned with your Divine Design. June 22nd-August 20th is an intense internal restructuring time for you, as you move through 3 eclipses.
4. It may be that many choose to pass on, which may feel shocking and distressing, because you are Human. Again, you can choose Joy and Gratitude.
5. Enjoy the wholeness of life and living, in which there is no separation between the highs and the lows, no separation between “this side” and the “other side.”
6. The seed for the fully united masculine and feminine was planted into the heart chakra of Earth, and it will grow and flourish as Humans choose to mature, to move beyond the polarization of “good” and “bad,” “better” and “worse.”
7. Use the powerful process to support yourself in your growth into maturity.
8. You are heroes, growing and moving forward, and you are being supported and loved by so many, as you bring your New World into being.

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Cosmic Times

Spiritual News You Can Use

~Ellen Kaufman Dosick

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